

St. Elizabeth of Hungary Catholic Church

A Mission Church of the Cathedral Basilica of the Immaculate Conception

Twenty-ninth Sunday in Ordinary Time

Staff

Very Reverend Samuel Morehead, Pastor

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Mass Times

Monday to Friday: 12:15 PM

Sunday: 9:00 AM

Confession Times

Monday to Friday: 11:40 AM – 12:10 PM

Eucharistic Adoration

Monday to Friday: 11:00 AM - 12:00 PM

Office Hours

Monday to Friday: 10 AM – 3:00 PM

Spiritual Direction for College Students



October 22, 2023

Dear brothers and sisters,

Last Saturday, October 14th, the FOCUS missionaries organized a party at St. E's promoting SEEK 2024. As you know, SEEK is a massive conference for college students from colleges all across the U.S.

We had an excellent turnout for the party. We watched a great promotional video. Andy and Hannah gave powerful testimonies from last year's experience at SEEK 2023.

So far, we have 16 students signed up. It is a good number since the conference is from Jan 1-5. Let's pray we can take at least 30 students this year.

November 2nd is coming up, the Commemoration of All Souls. It is a day dedicated to praying for the souls of the departed who are believed to be in purgatory. This day serves as a reminder of the union between the Church Militant, here on earth, and the Church Suffering, in purgatory. We are reminded of our duty of charity towards the souls in purgatory, to offer prayers, sacrifices, and gain indulgences so that they might see the face of God as soon as possible.

As we did last year, we will place a book of the dead in the back of the Church for people to write the names of their loved ones on it. I will offer Mass for all the deceased in that book on November 2nd. We will also pray for them at the prayers of the faithful every Sunday in November.

You are also welcome to bring a picture of your loved one, which you can place on a table at the entrance of the Church.

May our Lady of Guadalupe show you how good a Mother she is.

Yours in Christ,
Fr. Richard, MC

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Gospel Reflection Corner

By Fr. Richard Castro Huergo, MC

Last Sunday, I sprained my ankle on the way to the Cathedral for Confessions. I rolled my ankle in the second step after going out the door. It was the silliest accident I have ever had.

I went to the doctor for X-rays, and he said there were no broken bones. He recommended elevation and ice, which I have been using faithfully.

It has been challenging to put any weight on the injured foot. Thankfully, our deacons have been helping me very generously with adoration and Mass this last week. I could not have done it without them!

While meditating on today's Gospel a few days ago, it occurred to me that although the words "repay to Caesar what belongs to Caesar and to God what belongs to God" apply chiefly to the relations between Church and State, we can also make a connection to the union between body and soul.

Then, I started looking at what the Fathers of the Church say about it, and I found the following by Origen, "We ought to give some things to the body as a tribute to Caesar, that is to say, necessities. And such things as are agreeable to our souls' nature, that is, such things as lead to virtue, those we ought to offer to God."

Origen also says that those who excessively emphasize God's law and insist that we should neglect our physical needs are like the Pharisees. The Pharisees, for instance, opposed paying taxes to Caesar, prohibited marriage, and enforced dietary restrictions that God never intended (as mentioned in 1 Timothy 4:3). On the contrary, those who overly indulge in bodily desires are akin to the Herodians. However, our Savior advocated for a balanced approach. He did not want virtue to be weakened by excessive care of the physical aspect of life, nor did He want our physical nature to be overwhelmed by an unrelenting

pursuit of virtue.

In last week's experience, I realized how important it is to give enough care to my body so I can serve the Lord. I distinctly saw how difficult it is to do the most minor things of daily life without using a foot.

Origen gives us great insight into a healthy living of the Gospel. We must have a balanced approach, caring for our bodies without neglecting our souls and the reverse.

In other words, let's avoid becoming Pharisees who overemphasized the spiritual to the body's care detriment. We can see this error in people who think they should not use medicine, but God will make a miracle to heal them. Or, people who think God is asking them to serve him so much that they don't sleep more than three hours a day and end up with a nervous breakdown.

On the other hand, we also need to avoid becoming Herodians, overly caring for the body to the soul's detriment. For example, when individuals become overly preoccupied with their looks, constantly pursuing cosmetic procedures, extreme diets, and exercise routines, to the neglect of their spiritual and emotional well-being. Or, those who occupy themselves in a relentless pursuit of wealth, possessions, and a luxurious lifestyle, leading them to neglect spiritual and moral values, as the focus becomes solely on material gain. Or, those who are excessively focused on pleasure-seeking, such as overindulgence in food, alcohol, or other sensory pleasures, leading to a disregard for moral principles and the development of one's spirit.

God has created us a union of body and soul. We are called to keep them in harmony. Let's take good care of our bodies so we may serve the Lord with them while striving to love him with our whole soul.

Counsels of Mercy (Part II)

From the Writings of Venerable Bruno Lanteri

“I have asked the Lord to give you great courage and firm hope in God.” Say then with boldness, “Now I begin,” and go forward constantly in God’s service. Do not look back so often, because one who looks back cannot run. And do not be content to begin only for this year. Begin every day, because it is for every day, even for every hour of the day, that the Lord taught us to say in the Our Father, Forgive us our trespasses, and Give us this day our daily bread.”

“In this especially you must grow in strength, in resolving to seek always to have an unshakeable hope, whatever may happen and however weak you may seem to yourself; because on our part, the basis of hope is our very weakness, and on God’s part, his mercy, which is simply his heartfelt compassion for our weakness.”

“Be on guard against discouragement and lack of trust.

Strive to do well all that you do, but do this with respect for your humanity, without striving for an impossible perfection, focusing simply on the day at hand. Remember that ‘The just man falls seven times a day,’ and so you will find blessing in beginning not only every day, but every hour.”

“Do not let yourself be troubled by anything, not even by your own failings, taking care to overcome them immediately by an act of love of God.”

“Holiness does not consist in never failing, but in rising immediately, recognizing our weakness and asking God’s forgiveness, and in doing this

with peace of heart, without letting ourselves be troubled.”

“Keep far from you the spirit of sadness and melancholy. Show yourself joyful even when you do not feel so because of physical problems. At such times more than ever, guard against closing in on yourself and turn your thoughts to Paradise, because it is yours.”

“We should always keep before our eyes this saying of the Holy Spirit, ‘Think of God in a spirit of goodness’ [Wisdom 1:1]. Consequently, we should seek to attain sentiments worthy of God first in ourselves so as to inspire them also in others, and reach the goal of loving him and bringing all to love him.”

“I will plan the activities of my day so that I may more surely do the will of God and give him glory in all that I do: not different things, but the same things done differently; not doing

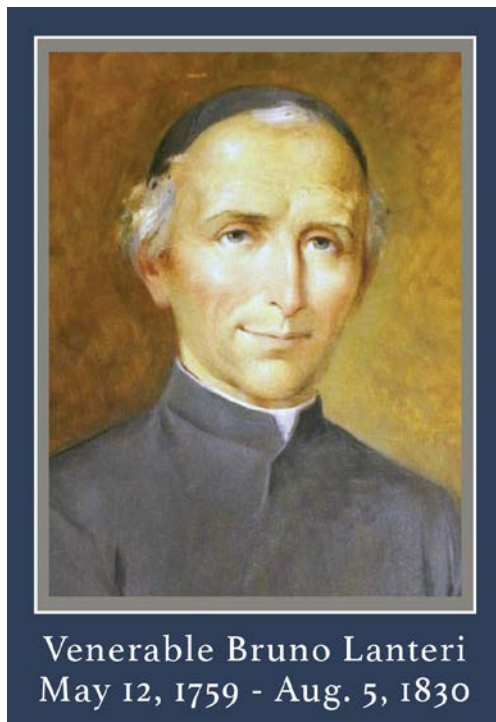
things simply out of habit, but out of love.”

“Of myself I can do nothing good, but I can do all things in God.”

“I beg of you to wage continual warfare against negative moods, and never fail to begin again.”

“I wish you every true good, and I am consoled in seeing you ever more dedicated to the glory of God, since, in this world, there is no purpose greater than this, and none more consoling.”

“Oh, what a great thing it is, and how consoling, to serve as an instrument to glorify God!”



Campus Outreach

Sports

Mondays: 1:00 PM - 4:00 PM

Free Cookout & Talk

Thursdays: 1:00 PM - 3:00 PM
(St. Elizabeth's)

Eucharistic Adoration



Monday to Friday: 11:00 AM - 12:00 PM
(St. Elizabeth's)

SCAN to Sign-up for
Eucharistic Adoration

Sock and Sticker Fundraiser

Step into Our Faith-Inspired Fundraiser!

Attention, fellow parishioners!
It's time to come together and join our Sock and
Sticker Fundraiser!

Explore a fantastic selection of faith-inspired
goodies, including Sock Religious socks and
faith-filled stickers. Your purchase will have a
meaningful impact, as 50% of profits will support
Celia Moneboulou, a FOCUS Missionary at St. E's.

Don't miss this opportunity to make a difference!
Visit [https://stores.inksoft.com/focus_store/
shop/home](https://stores.inksoft.com/focus_store/shop/home) and contribute today!

Thank you for being
amazing supporters!



Announcements

Liturgical Ministries - Volunteer opportunities for greeters, lectors, altar servers and Eucharistic ministers. Sign up here: <https://www.stelizabethdenver.org/ministries>. If you wish to volunteer for substitute cantor contact Fr. Richard.

Prayers of the Faithful - If you have someone you would like prayers for, let Lisa know at lisa@stelizabethdenver.org and we will include the intention in the Prayers of the Faithful for the upcoming Sunday.

Sandwich Line - We need volunteers every day of the week, 9am - 12pm. We are in great need of men's shoes and boots - new or used.



Facebook: [https://www.facebook.com/
stelizabethdenver/](https://www.facebook.com/stelizabethdenver/)

Bible Study

“A Biblical Walk Through the Mass” by Ascension Press

This Bible study will explore and explain how
everything in the Mass is based on the Bible.

It is our hope that understanding some
of this will enhance our experience at Mass.
This study will last for a total of five sessions.

This Sunday after Mass

Starting at around 10:15 AM

Dates: Sep 17, 24; Oct 1, 15, 22



Instagram: [https://www.instagram.com/
stelizabethdenver/](https://www.instagram.com/stelizabethdenver/)